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Trauma informed practices and equity are implemented at the personal, professional, relationship, and organizational levels.

- Denise Long, CEO

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Cope. Heal. Thrive.™

ALLIED & BEHAVIORAL HEALTH
MANAGEMENT CONSULTING
LEARNING LAB

TRAUMA INFORMED
EQUITY FOCUSED

YOUTHCENTRIX®
THERAPY SERVICES

www.youthcentrix.com

Master Trauma-Informed Practices Accelerator

2 Program Levels

Level I: RESOURCE LEVEL

Starting at \$3K/person

Eight [8] Problem-Based Learning & Coaching Sessions (1 session per month for 8 months)

- ◆ Solutions-Focused
- ◆ Positive Coaching
- ◆ Tailored to Adult Learners
- ◆ Aligned with Diversity, Equity, Inclusion (DEIA)

Master Trauma-Informed Practices Accelerator

2 Program Levels

Level II: PROFICIENT LEVEL

Starting at \$3.5K/person

Seven [7] Expert-Guided Core Sessions (2 sessions the first month; 1 session per month for 5 months)

Four [4] Coaching Follow-Ups (1 session per month for 4 months)

- ◆ Solutions-Focused
- ◆ Tailored to Adult Learners
- ◆ Research-Based Curriculum
- ◆ Positive Accountability & Coaching
- ◆ Aligned with Diversity, Equity, Inclusion (DEIA)

The TIPs Learning Lab™ @ Youthcentrix® Therapy Services

Training and Professional Development*

DELIVERED REMOTELY OR FACE-TO-FACE

Implementation Planning Workshop

A 4- to 8-hour intensive workshop that applies positive approaches to removing roadblocks in people or process management, solution deployment, people-focused change initiatives, implementation of DEIA, and/or trauma informed care.

Positive Team Building

A 2- to 4-hour intensive workshop ideal for teams that are struggling with conflict or low buy-in to vision, and/or organizations with culture issues that affect productivity, retention, engagement and/or job satisfaction.

Positive Implementation of Equity and Antiracism

A 2-hour intensive using positive approaches for implementing antiracism and equity initiatives through the trauma lens.

Learning at the Center of Change

A 2-hour intensive focused on using learning as a tool for change management and implementation.

Resilience & Quality of Life

A 2.5-hour workshop about fostering resilience at the personal, relational, and organizational levels.

Trauma and Workplace Culture

A 2-hour intensive about trauma and the work environment.

Trauma Responsive

A 3-hour intensive training about the science of trauma and research-based interventions.

Trauma Briefing

A 1-hour session about the science of trauma.

*additional options available



“Our Story. Our Why.”

Founded in 2014, Youthcentrix® provides trauma-informed Allied & Behavioral Health (OT, PT, ST, Counseling), implementation consulting, an immersive learning lab, and information technology tools to drive intervention outcomes. Youthcentrix® started from our founder’s understanding that the systems people build can create healing and endless possibilities. The effects of systems are felt across generations. The effects of trauma can last a lifetime. Through our direct services, consultation, and conscious learning opportunities, we aim to help organizations, individuals, and practitioners engage in the deep, necessary, and sometimes uncomfortable work to create trauma-informed and equity-focused environments. In spaces where safety is married to bravery, the next generation of youth, their caregivers, people of all walks of life, and the systems that serve them well can not just survive but thrive.

Contact Us

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